

THE DIALOGUE

The Kentucky Hunger Dialogue Newsletter

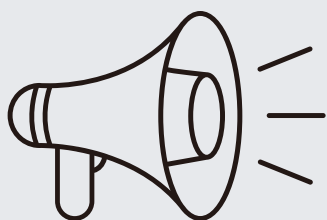


CULTIVATING SUPPORT: HOW CAMPUS GARDENS CAN FEED FOOD-INSECURE STUDENTS

College campuses are increasingly turning to campus gardens as a practical and sustainable solution to address food insecurity among students. Here are several ways in which campuses can effectively feed food-insecure students through the cultivation of a campus garden:

- **Direct Distribution:** Establish programs to distribute fresh produce from the garden directly to students in need, ensuring access to nutritious food options.
- **Educational Outreach:** Offer workshops and educational sessions on gardening techniques, nutrition, and cooking using garden produce, empowering students with valuable skills for self-sufficiency.
- **Collaboration with Dining Services:** Partner with campus dining services to integrate garden-fresh produce into meal plans, enhancing the nutritional value of campus dining options.
- **Community Involvement:** Engage students, faculty, and staff in the planning, planting, and maintenance of the garden, fostering a sense of community and shared responsibility in addressing food insecurity.
- **Promotion and Support:** Raise awareness about the campus garden initiative through outreach campaigns, social media, and campus events to encourage participation and garner support from the campus community.

By implementing these strategies, college campuses can create a more resilient and inclusive environment while promoting healthy eating habits and addressing the pressing issue of food insecurity among students.



**KHD COLLEGE FOOD
PANTRY
WORKGROUP STARTING
SOON!
FOR MORE INFO, EMAIL:
KHD@KYCOMPACT.ORG**



NOVEMBER 8, 2024
THE KENTUCKY HUNGER DIALOGUE
WILL BE HOSTED AT
EASTERN KENTUCKY UNIVERSITY
RICHMOND, KY

CENTRE COLLEGE GARDEN CLUB

Centre College's Garden Club flourishes as a vibrant campus initiative, deeply rooted in the principles of sustainability and education.

This green space serves not just as a place for cultivation but as a dynamic educational tool that brings lessons in biology, sustainability, and environmental sciences to life. Students from various disciplines collaborate, learning about plant biology, farming techniques, and the importance of local produce in combating food insecurity.

The Garden Club also emphasizes community outreach. Produce harvested from the garden is often donated to local food banks, underscoring Centre College's commitment to service and community engagement. This fall the garden will have grown fresh peas, carrots, cucumbers, raspberries, and other nutritious produce for students and the community to enjoy. For more information about Centre's campus garden, contact Roxana Popa at roxana.popa@centre.edu.

FOOD FOR THOUGHT

Check out ASU's Campus Garden
<https://youtu.be/bntsw6E3640>